



Girl Guides
of Canada
Guides
du Canada



The

March 2014

Signal

Newfoundland and Labrador Council

Girl Greatness Starts Here

Guiding at Government House

Brownie Tree Trimming



Sparks Tea Party



Pathfinders and Rangers Help with Seniors Tea



Editor's Note

This issue of The Signal has some really exciting new things for you so I hope you enjoy it.

In this issue we have launched our exciting new campaign "How She Did It", which profiles some of our youth and adult members success. Please have a look at some of the stories and see if you have your own success story to submit because we would love to hear from you.

I also have a "Blast From the Past" from our Deputy Provincial Commissioner Pam Eavis. I am sure that many of you have a story or two from your guiding past that you would like to share with the other Guiders. Please submit your "Blast from the Past" to me at thesignal.ggc@gmail.com

We are also looking for any ideas you have for stories that can be a common feature in all future issues.

Thanks For reading!

Stacey Adey

The Signal Editor

COOKIES

Anna Diamond selling cookies for her first time as a Spark with her big sister Jenna.



Story and Photo Submitted by Nancy Diamond District Commissioner Straits/Green Island

The Signal

The signal will be published every second month with a total of six issues per year

Next Deadline
April 30 2014

Editor

Stacey Adey
thesignal.ggc@gmail.com

Provincial Office
63 Roosevelt Avenue
St. John's NL, A1A 0E8
1-800-565-8111
www.ggcnf.org

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From Your Provincial Commissioner

This winter may seem excessively long and extremely cold but the warm Spirit of Guiding is quite evident here in Newfoundland and Labrador.

This year it was the GGC's NL Council's turn to host the annual Baden Powell Brunch at Girl Guide Headquarters where Scouters joined us to celebrate the joint birthdays' of our Founders. As well, Guiders have been busy in their Units holding many Thinking Day events.

We all know when spring arrives so does our great Classic cookies and plans for another door-to-door campaign is well underway for April 5th. The Cookie All Star Program will be in full force along with lots of incentives and prizes. You will be hearing more from your Cookie Advisers, so stay tuned.

We have seen an increase in membership this year and a huge thank you goes out to all Guiders who have encouraged new membership and to Allison Graham, our Membership Growth Coordinator, for her support. *There is always room for one more so keep the new members coming.*

As we look forward to spring, the excitement of Provincial Camp at Camp McCarthy in Carbonear, is building. For girls who are contemplating attending the National Guiding Mosaic Camp in Sylvan Lake, Alberta in 2016, this camping experience offers the girls the opportunity to learn many camping skills to help prepare them for this experience.

Many girls have been selected to travel internationally this year. One of those trips is a Provincially sponsored Patrol of Rangers and one Guider who will be attending the SOAR camp in British Columbia. We are also very fortunate to have one of our Guiders selected to attend the WAGGGS Conference in Hong Kong this summer.

In April, my Deputy Pam Eavis and I will be visiting various parts of Trefoil Central and Eastern Bays to meet more of our Girls, Guiders and Trefoil Members. Please make a point to come out and see us as we are both looking forward to meeting you.

Hopefully, by now, you have had a chance to check out our new, updated Provincial website. It promises to be more user friendly so please keep checking for new and upcoming events.

Once again, many thanks for all you do for Guiding. It is because of YOU that Guiding continues to shine brightly in our great province of Newfoundland and Labrador.

Kay Penney
Provincial Commissioner



The Signal Needs more Content

Over the past year The Signal has been undergoing a few changes. We have moved to a digital copy, with hard copies still available upon request by contacting Girl Guide Headquarters. We were hoping by cutting down on our printing cost that we could put out more issues per year in order to share the many great thing that Guiding is doing in our Province. In order to be able to do more issues we need more content. This issue has what we hope to be the start of some different features that will be in every issue from now on. Some of these new features include "Kids Say the Darndest things " and "Blast From the Past". We want to hear of any ideas you might have for continuous stories to have in The Signal. We want The Signal to be a place to share your great stories from the past or present, to share your ideas for camps, crafts and program. Please contact Stacey Adey at thesignal.ggc@gmail.com with your ideas or stories for the Signal.

THINKING DAY



Photos submitted by Cynthia Parsons, Guider



Provincial Council Secretary Wanted

We are presently looking for a Provincial Secretary to replace Joan Bishop who will be completing her five-year term in May.

This individual will be accountable to the Provincial Commissioner, her Deputy, the Provincial Council and the Executive Committee.

Must be a current registered Member of the GGC with some Guiding knowledge and background. Possess good organizational skills, strong communication skills, have the ability to effectively use word processing software (e.g. MS Word), and be a team player.

If you feel you may be a good candidate for this position please take a look at the full job description available on the Provincial Website and contact Pam Eavis at deputy.pc.nl@ggcnf.org.

Kids Say the Darndest Things

At a Girl Guides Work Miracles event, a gentleman walked by and said he had no change. A little Spark looked up and said: "We take \$5.00 bills." He gave a \$5.00 bill.

.....

Listening to two girls talking: Girl A: "My friends are talking about periods. Do you know what they are?" Girl B: "Everyone knows what they are! There are 3 in hockey or they are at the end of a sentence!"

.....

A 30ish Guider brought her old Brownie sash to show her Sparks. The sash is the brown one and the badges are brown with yellow stitching. One girl piped up with, "Sunflower you are old. Your badges are in black and white!"

.....

Do you Have something funny that a kid has said to you that you would like to share. Please send it to Stacey at thesignal.ggc@gmail.com



How She Did It!



The "How She Did It" campaign is based on highlighting Guiding members, at all levels, who have accomplished something in their life that they attribute to something they have learned through Guiding. We want to start highlighting our members here in Newfoundland and Labrador and spread the good news of what Guiding does for our individuals. We want to show how we are constantly growing. It is amazing what is done and not credited, we want to demonstrate these events.

With this in mind, we wanted you to share a story, a quote, an event, a success that you have completed with the help of Guiding or what Guiding has taught you. We are going to publish all entries, with picture, in The Signal and our NL Council Website for prosperity.

If this is something you would like to do or know someone that would like to share their story, please contact Donna Tuck at donnajtuck@yahoo.ca.



www.girlguides.ca

How Sharron Did It!

Guiding has been a journey for me. My mother was a war bride who brought to our home town of Grand Falls her passion for Girl Guides while living in England before the war. That passion was a part of me and as a young girl I always knew that I could be what I wanted to be, including always reaching higher in the Guiding program. When I was installed as Chief Commissioner, I dedicated my installation to my mother who gave me the courage, ambition, and inspiration to be all that I could be.

On a humorous side, I learned when I was a Guide at camp in Millertown, never to try to untie a tight knot on your sleeping bag by using your teeth. The result could be that you break off your front teeth. Yes, that was me!



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How Kendra Did It!

Recently Kendra participated in a two night winter camp with her Brownie Unit. This would be the first time she would be away from home without family for two nights. Camp was great fun! There were opportunities to earn badges and experience new things. As fun as the days were the nights were less fun, terrible in fact. At bed times Kendra realized how much she missed her mom and dad. As her fellow Brownies fell asleep Kendra felt homesick. Her leaders cared for her and helped her realize how strong she is. She wasn't shamed or made to feel embarrassed for being sad but praised for being brave and working through it. At the end of camp she danced when presented with 'Bravest Camper'. Her dad and I always tell Kendra that she can do ANYTHING and experiences like this will reinforce exactly that.



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www.girlguides.ca

How Madison Did It!

My name is Madison Murray. I am 10 years old and in my 5th year of Guiding. This past Remembrance Day I was given a 'Junior Peacekeeping Award' by my school and the Canadian Peacekeeping Veterans. It was such a surprise, and made me very proud. I was picked for being an outstanding role model, for being kind, understanding and supportive to my classmates. From the time I became a Spark, until now as a Guide, I have learned to be a friend to everyone. Everyone deserves my respect, loyalty and kindness! Thank you GGC for teaching me these values!



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www.girlguides.ca

How Kate Did It!

Hi, my name is Kate! I am in my 2nd year of pathfinders, and this past fall I sold twenty cases of mint cookies. Why? I get asked that questions all the time and my answer simply is because selling cookies is fun! I enjoy going house to house selling them. It's like an adventure! Every door your knock on is a new one! Another question I get asked is how I sell so many cookies, well the way I see it, it is not that hard. Some people say they are too shy, well that is not me so that helps me sell more, some people also say that it takes a lot of work carrying cookies and walking door to door, but I say that it is worth it, plus it is a good workout! I also sell cookies in more then just my own neighbourhood. My mom is really supportive with me and my cookie selling, she drives me to were I need to go and makes sure I do not miss any houses or miss count the money. Another way to sell more cookies is to have a friend come with you, Friends help lighten the load and makes cookie selling lots more fun! Cookie selling has helped me find an independence and that is "how I did it"!



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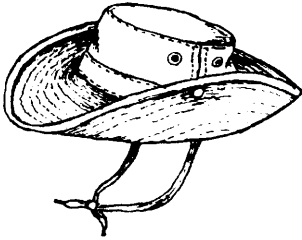
How Madi Did It!

Girl Guides has given me a thousand and one skills and opportunities for success and because of this it's hard to focus on just one. One event stands out for me, when in 2010, National gave me the opportunity to travel to Honduras. The goal of our service project was to paint the elementary school in Pespire, a rural town in the mountains. On the first day we started painting, it seemed like the entire child population of the village came to help us. They borrowed our cameras to take pictures of EVERYTHING, painted each other, and painted the walls along side us. The children in Pespire showed me that Girl Guides can have an impact not just by painting a building, but by showing kids everywhere that we care.



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BLAST FROM THE PAST



MEMORIES OF CAMP - By Pam Eavis

It's been a few years now since I attended a camp and actually sleep in a tent. Even though those days are gone and the 'creature comfort syndrome' has kicked in, the precious memories of those fun filled days remain very fresh in my mind.

There are some camps that stand out more than others and many times, in my mind's eye, I travel back to a Guide camp held at Trefoil Trails. Now, those who know me can attest to the fact that I love a bit of fun and love, even more, playing pranks.

It was a particularly warm day at camp and things, I felt, were going too smoothly for such a beautiful day. The Girls had all been given duties and for one group of first year Guides it was their turn to 'clean the lats'. This being their first time ever cleaning a toilet, let alone one with a hole to the ground, they were full of questions as to how this was to be done. My face lit up as I thought, *let the fun begin!*

We all tramped to the station to pick up buckets, lime and brushes but the shovel was missing. One little girl, being a little more outgoing, asked why we needed the shovel and I told her someone had to get down in the hole to shovel everything to one side so there would be room for more. There were many 'yucks', and 'gross' and 'I'm not doing that' passed around but the little outgoing charmer decided she was going to be the one to do the deed.

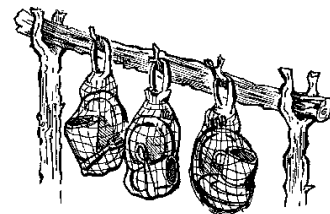
Off she went, got an over-sized pair of rubber boots and helped the Guiders put one of their rain suits on her; complete with a sou'wester and rubber gloves. With shovel in hand, she led the enthralled group of Girls, and I might add, Leaders, toward the lats.

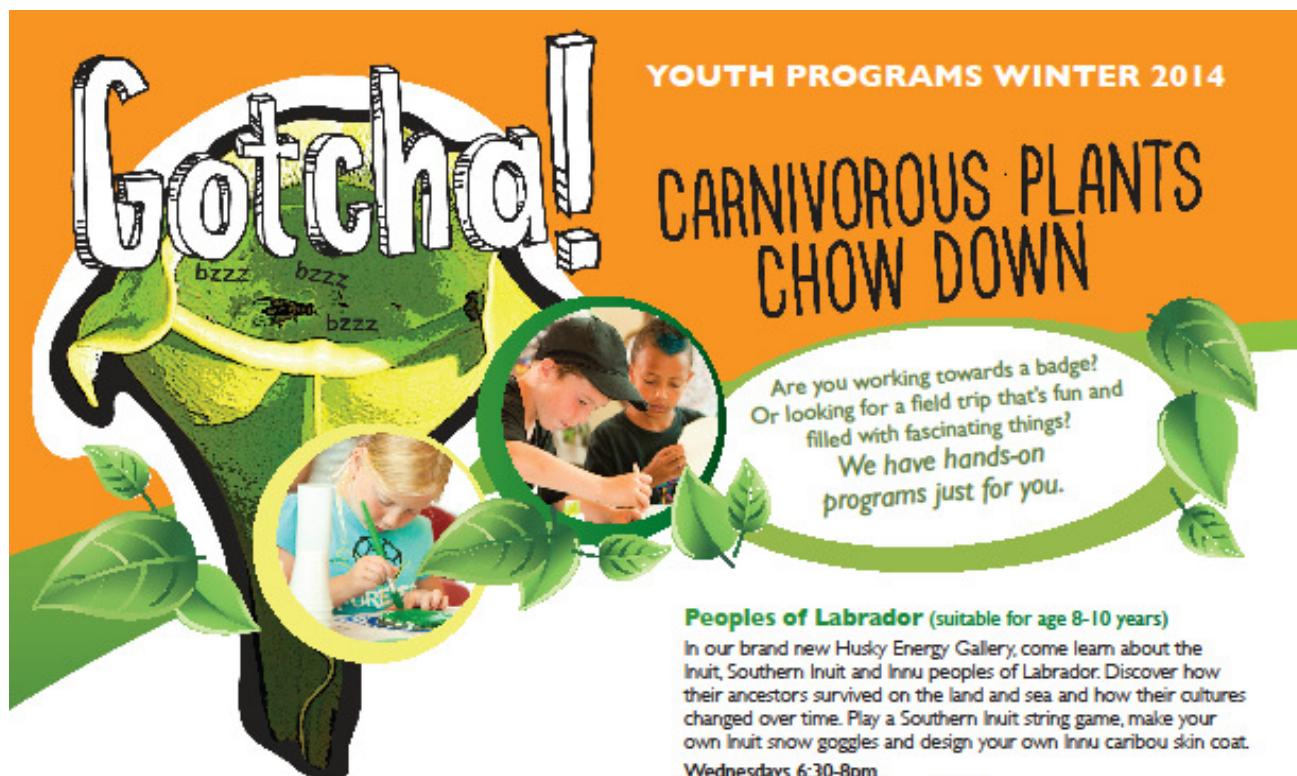
I felt pretty clever putting this together but was now wondering how I could end it without the little Guide having to go down in the hole. By this time she was quite obviously looking forward to the adventure.

As we paraded along I noticed a ladder made of 'two by four', got the Leaders to pick it up and said it had to go in the hole so 'the cleaner' could climb down. As luck should have it, when we got to the lat, it wouldn't fit through the door.

Disappointment, I'm sure was felt by everyone, especially by the other Guiders who must have been thinking 'Now, get your self out of this one'. I went on to say that the job couldn't be done that day because we didn't have the correct size ladder. There was no one more 'relieved' than me...pardon the pun.

These Girls are all in their twenties now following careers. My only hope is that neither one of them became a plumber as a result of this experience as we never did tell them the difference.





YOUTH PROGRAMS WINTER 2014

Gotcha!

CARNIVOROUS PLANTS CHOW DOWN

Are you working towards a badge?
Or looking for a field trip that's fun and
filled with fascinating things?
We have hands-on
programs just for you.

Gotcha! Carnivorous Plants Chow Down

(suitable for age 5 to 8 years)

Bring your group to our temporary exhibition *Gotcha! Carnivorous Plants Chow Down*. Make your own bug antenna and discover the four carnivorous plants native to Newfoundland and Labrador – the pitcher plant, sundew, butterwort and bladderwort. Learn why the pitcher plant was chosen as our floral emblem and learn how the plants survive by eating bugs.

Wednesdays 6:30-7:30pm

Saturdays 11am-12pm or 2:30-3:30pm

Maximum 25 participants

Boreal Buddies (suitable for age 5-7 years)

In this fun-filled, hands-on program, you'll backpack the Connections Gallery to get a close up look at beavers, birds, bears and other boreal forest animals. Let's shine up the binoculars and prepare to explore bogs, ponds, rivers and other habitats from around the Province's forest. From teeth and tails to tools and top hats, you'll be amazed at how much people and animals are connected to each other. Formally the Beaver to Beaver program.

Wednesdays 6:30-7:30pm

Saturdays 11am-12pm or 2:30-3:30pm

Maximum 25 participants

Lighthouse Fun (suitable for age 5-7 years)

Have you ever visited a lighthouse? What did you see? What did you hear? Come in and discover why lighthouses are so important and find out why each lighthouse is different. We'll share lighthouse stories, create a model lighthouse and explore the Connections Gallery to find out which plants and animals you might find living near lighthouses.

Wednesdays 6:30-7:30pm

Saturdays 11am-12pm or 2:30-3:30pm

Maximum 25 participants

Peoples of Labrador (suitable for age 8-10 years)

In our brand new Husky Energy Gallery, come learn about the Inuit, Southern Inuit and Innu peoples of Labrador. Discover how their ancestors survived on the land and sea and how their cultures changed over time. Play a Southern Inuit string game, make your own Inuit snow goggles and design your own Innu caribou skin coat.

Wednesdays 6:30-8pm

Saturdays 11am-12:30pm or 2:30-4pm

Maximum 25 participants

Secret Codes of the Sea (suitable for age 8-10 years)

Do you use secret codes when you message a friend? In this program, we'll explore different ways to communicate – with codes and flags! Codes and flag signals have a long and exciting history, and have been used by sailors and sea-faring people for hundreds of years. Come and decode and exchange secret messages with a partner using Morse code. Find out why flags were flown on Signal Hill and get creative as you design your very own personal flag.

Wednesdays 6:30-8pm

Saturdays 11am-12:30pm or 2:30-4pm

Maximum 25 participants

The Power of Art (suitable for ages 12-15 years)

This program empowers youth to share ideas about art and culture. We'll begin with an interpretive tour of a contemporary art exhibition, followed by a lively group discussion. We'll learn how artists are related to and affected by the world around us. In this engaging program, youth will sharpen their critical thinking skills and gain a deeper understanding of the role of art in culture.

Wednesdays 6:30-8:30pm

Maximum 25 participants

Book your program by calling Visitor Services at 757-8090.

There is a \$4.00 charge per child/youth, but group leaders are free.

www.therooms.ca 757.8000 | 9 Bonaventure Ave. | St. John's, NL





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Maggie Hynes
Health Promotion Coordinator
Phone: 709-757-8538
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E-mail: healthpromotion@nl.cancer.ca

With you in the fight for life

Scholarship

Girl Guides of Canada's National Scholarship Program supports members as they take the next step in pursuing their educational goals and developing a rewarding career path.

Scholarships are open to girl and adult members who are pursuing post-secondary education at a recognized college, university or trades program. Whether you're studying engineering, education, political science, or anything in between, there's a scholarship that is right for you!

Guiding involvement and participation are important criteria in the awarding of National Scholarships, and applicants must remain a member of Girl Guides of Canada for the upcoming 2014-2015 Guiding year.

Scholarships are available for both full-time and part-time studies.

Application deadline: April 1, 2014 at 11:59pm EST

Provincial Camp

This year's Provincial camp will be held at Camp McCarthy, Carbonear. Along with allowing girls an opportunity to develop self-esteem, confidence, and leadership skills there will be lots of fun along the way.

In 2016 Girl Guides of Canada-Guides-du Canada is offering a unique and exciting camping opportunity with *Guiding Mosaic 2016* at Sylvan Lake, Alberta. With two years to go we are hoping that by offering girls the experience of outdoor camping skills now, they will be prepared and confident should they decide to apply for this National Camp.

This camp is open to all guides and Pathfinders.

We are also looking for Site and Program Guiders, First Aiders and Quarter Masters to help out. We will also accept Guiders who can commit only for a day or two. If you are interested and would like to help out, we would love to have you.

The application for Provincial camp will be posted in the Signal and on our Provincial website so get your application in early to secure your spot.

Hope to see you there!

PROVINCIAL GUIDE AND PATHFINDER CAMP

June 27—July 1, 2014

Camp McCarthy,

Carbonear

GIRL APPLICATION

NAME _____

Mailing Address _____

Phone _____ E-mail _____

Unit _____ District _____ Area _____

Date of Birth _____

Camp Cost \$130 + GST = \$146.90

CAMPING EXPERIENCE

List all camps (if any) you have attended in the last 2 years.

Name of Camp	Location	Building or Tent	Number of Nights	Month/ Year

In your own handwriting, tell why you would like to attend this Camp.

Food Allergies: 1. _____ 2. _____ 3. _____

Favourite Camp Foods: 1. _____ - _____ 2. _____

Least Favourite Camp Foods: 1. _____ 2. _____

Signature of Unit Guider _____ Date _____

I accept full responsibility for all expenses (camp fee, travel expense, etc) incurred by my daughter/ward _____ for this camp.

Signature of Parent/Guardian _____ Date _____

PROVINCIAL GUIDE AND PATHFINDER CAMP

JUNE 27 – JULY 1, 2014

CAMP McCARTHY, CARBONEAR

STAFF APPLICATION

Name	iMIS #
Address	City/Town
Postal Code	Telephone
Area	email
Position in Guiding	
Water Front Qualifications (Yes/No) Type	Expiry date
First Aid Qualifications (Yes/No) Level	Expiry date
Full Time _____	
Part Time _____ State Dates and Times available _____	

I AM INTERESTED IN THE FOLLOWING STAFF POSITIONS

Number your choice in order of preference

- _____ FIRST AIDER
- _____ FOOD SERVICES
- _____ LIFE GUARD
- _____ SITE GUIDER
- _____ PROGRAM

DO YOU HAVE A SPECIFIC 'EXPERTISE' YOU CAN OFFER THE GIRLS TO HELP MAKE THEIR CAMPING EXPERIENCE MORE FUN AND EXCITING?

Details

Please contact Provincial Office if you have any questions.

Provoffice@ggcnf.org or 709 726-1116

Enrollment Ceremony

The First Corner Brook Pathfinders gathered together for a picture during their Enrollment Ceremony in December. Back row (L – R): Mary Cashin (leader), Kendra Maidment, Sarah Pennell, MacKenzie Hann, Meaghan O'Neill, Marlie Smith, and Helen Bennett (District Commissioner). Front row (L-R): Sheranne Kendall (leader), Ainsleigh Piercey, Jordan Clarke and Hailey Colbourne.



Brownies Help SPCA



The 1st Larkhall Brownies are very busy and they are working very hard on all aspects of their Brownie Program.

The girls helped support the SPCA by donating Kitty Litter, towels, food and toys for the cats.

We had a representative visit our unit and pick up our donation and she spoke on the need for all the items that the unit was donating to the SPCA.

Story and Photo Submitted by Daphne Slade

GUIDING CHAIR

Chair seen at
Halifax Airport
By Trefoil
member Jane
Bussey.



Canada Cord and Chief Commissioner's Gold Award Ceremony





KILLICK TREFOIL GUILD

On February 12, 2014 Killick Trefoil Guild, had the privilege of taking part in the Gower Street United Church Lunch Program, what a wonderful experience it was for the group.

We had planned a menu of Moose stew, homemade biscuits and blueberry pudding with sauce (this was made on site) for dessert.

All thirteen of the members donated food for the luncheon and eight of the group plus a friend were able to attend the luncheon. The other five members were working.

We arrived on site at seven in the morning and began the stew and the puddings and 11:30 am all was ready and we were anxious to see the first guests arrive.

The lady in charge started to let the guests in shortly after this and by 1:00 pm sixty-five lovely people had come for lunch, most declaring it was the best **beef** stew they had ever had, and were delighted with the pudding again a lot of them had not had this treat since leaving home.

The guests were anywhere from early twenties to late sixties from all walks of life at one time. It was obvious that while they came for the food they also came for the company.

This was a very rewarding and humbling experience for all of us, and we would recommend to any group with some time and wanting to do some service, but best of all we had such fun and heard so many interesting stories that it made for a wonderful day.



L-R: Pat Burton, Sue Garland, Mary Benson (friend), Charmaine Woodland, Yvonne Lewis, Jan Spracklin, Denise Walsh, Dianne Batten, Jeanette Snelgrove. Missing from the photo due to work commitments are: Elizabeth Mooney, Debbie Bussey, Judi Pardy, Dana Bishop.

Story and Photo By Pat Burton

Hats for Kids

Crossroads Trefoil members Christina Oake and Jane Bussey knit hats for kids - a project of Crossroads Guild.



Canada Cord

Maria Leonard of the First Corner Brook Rangers received her Canada Cord at the Ranger Enrollment Ceremony in December. Congratulations Maria!



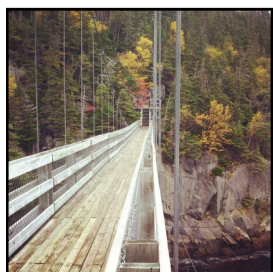
Cookie Exchange

First Straits/ Green Island Pathfinder Unit in Flowers Cove decided to have a cookie exchange just before Christmas. All girls were to make 56 cookies of one kind and at the exchange they all went home with a tray of assorted cookies, needless to say the moms we delighted, Just in time for Christmas!!

Story and Photo Submitted by Nancy Diamond District Commissioner Straits/ Green Island



HIKE TO DOCTORS COVE



Doctors Cove is located in the now resettled community of Lamanche Village. It is accessible by hiking a scenic part of the East Coast Trail in Bauline. Lamanche Village became abandoned after a rogue wave destroyed the village in the 1960's. On Sunday October 20th the Senior branches from the Fermeuse-Renews units and the Ferryland units along with their leaders- Madonna Ryan, Cecily Guiney, June Mayo and Anne Marie Croft- eagerly started on a hike to Doctors Cove. The trail was wet in a few places, rocky in others but the most exciting part was crossing a suspension bridge to the village. When we arrived in Drs. Cove we were all pretty hungry and a little cold so we proceeded to light a fire and cook delicious fruit wraps. Of course you can't have a fire without roasting a few marshmallows. The day was even more special as sang "Happy Birthday" to leader June Mayo. We were all grateful to June for planning this hike and taking time away from her family on her birthday to accompany us on this hike. It certainly was a fun excursion and a few girls even learned to face their fears as we traversed across the long, swinging bridge with churning water beneath!



Photo and Story Submitted By Madonna Ryan, Oceans Edge Area

COOKIE BLITZ!

This year, Ocean's Edge Area decided to provide a monetary incentive to units to help them coordinate a "cookie blitz" which would be held October 6th. As luck would have it, rain and wind hampered many units from participating fully. But, in true Guiding spirit, a few girls braved the elements and canvassed their communities selling cookies. These two sisters from Witless Bay, as can be seen from their picture, seemed to enjoy their rainy day experience!

Story and Photo Submitted By Madonna Ryan, Oceans Edge Area



EXCHANGE TRIP TO ONTARIO

What a roller coaster ride for our Witless Bay Pathfinder/Ranger group since applying last February 2012 for SEVEC funding in conjunction with the Goulds Pathfinders. We were so busy fundraising all year and then a nail biting period waiting for the final approval which arrived this past March from SEVEC. All the hard work and extra time into forms, planning, fundraising and lack of sleep was all worth it to see the changes in the girl's attitudes and growth as individuals. Having been paired with an Oshawa Pathfinder/Ranger group from a low income area with two girls from a group home, made the girls stop and think about how some girls have even more challenges than they have. They got to see so much in Toronto and Niagara Falls and experience the hustle and bustle of the big city. They went to the CN Tower, Royal Ontario Museum, lock system for boats, Canada's Wonderland and Casa Loma where we saw Lady Pellatt's Girl Guide room with her uniform and paraphernalia. Lady Pellatt, was appointed the first Commissioner of the Girl Guides of Canada and in 1919 was honoured with the Silver Fish, Girl Guides highest award. We also, treated the girls to a night at the Marriott and they got to do a day of shopping at the Eaton's center.

In turn, the Oshawa girls got to witness our laid back pace, many cultural experiences, including getting screeched in at the Camp McPherson and of course Jiggs dinner with the peas pudding being their favourite part. Some didn't want to leave Mistaken Point or stop rock climbing down at Doctor's Cove off Bauline to La Manche Village trail. Some girls said they would like to move here! They loved the Petty Harbour zip lining and the aquarium. Signal Hill literally nearly blew them away! We met some pretty special girls from Oshawa. There is definitely an opportunity to make friends as they have to depend on you for a week and vice versa. If done whole heartily, you can create lifelong bonds; we really bonded with these girls.

What a team effort! I am so proud of the way we welcomed the group and made them feel so special. Special visits from Sharon Callahan, Kay Penney and Pam Eavis from National and Provincial, Linda Longerich- our safe guide advisor, Leah, Joanne and Kim from our area, Tori, a ranger from Mount Pearl, our guide for our trail hike and our parents who helped with our NL schedule so much with their time, culinary creations and support over this past year. Also, a huge Thank you once more to our District and Area for their support of our trip and for us, all your help was greatly appreciated. Last, but not least, our sisters in guiding, the Goulds leaders. What a great group to work with. We have made lifelong friends throughout this process and we will definitely maintain this through combined camps and special meetings. Our girls have made the same kind of friendships with their girls. All the girls were great ambassadors of our District, Area and Province and we are so proud to have been part of this project.

Story by Kim, Patricia and Kelly

Submitted By Madonna Ryan Oceans Edge Area

2014 Newfoundland and Labrador World Without a Passport Event



Do you have dreams about travelling around the world and experiencing many new cultures? What if we told you that you could do this without leaving our Province? Join us at the **World Without a Passport** event in St. John's, NL this summer!

World Without a Passport is a week-long event for girls who have just completed their third year of Guides and first year of Pathfinders. It will be held this summer at Girl Guide Headquarters in St. John's. Girls from across Newfoundland and Labrador will spend a fun-filled time together getting to know each other and exploring the world around us.

The event focuses on learning about the international side of Guiding by trying food, dances, games and crafts from around the world. It may also help to prepare girls for future international travel. Girls will learn more about our World Association of Girl Guides and Girl Scouts (WAGGGS) and we will also explore the city of St. John's (as tourists) as we would if we were visiting any city around the world for the first time!

Space will be limited due to the venue so don't delay in applying! The application form and instructions will be posted to the provincial website (www.ggcnf.org) as the dates for this event are finalized. More information will also be sent out in the monthly News Flashes.

The registration fee is \$130 + HST (\$146.90). Applications should be sent with payment to the Provincial Office by May 30, 2014.

Do you have any ideas for activities at this event? Please send them along. We are also looking for Guiders and Trefoil Guild members who may be available this summer to volunteer at this event so please get in contact with us as soon as possible.

Any questions regarding the event can be directed to Robyn Lee at ggcnlinternational@gmail.com.

2014 Domestic and International Travellers

Bon Voyage to the following members who were selected for Domestic and International Trips with Girl Guides of Canada for travel in 2014:

ARCTIC ADVENTURE 2014 - CHURCHILL AND WINNIPEG - July 7 – July 17, 2014

Laura Dawson – Tuckamore

Savannah Bennett – Long Range Trails

SEA OF CORTEZ, MEXICO 2014 - Young Naturalist Expeditions - July 1–10, 2014

Rachel Costigan – ConBaSu

PERU ADVENTURE 2014 - August 5–24, 2014

Bridget LaPrarie – Tuckamore

Cameron Heath – Long Range Trails

Jessica March – Long Range Trails

Wings 2014 International Camp BERKSHIRE, ENGLAND -

July 27-August 10, 2014

Carissa Haines – ConBaSu (has subsequently declined this opportunity)

**SOAR 2014 (Enderby, BC) - July 18 - July 27th – PROVINCIALY SPONSORED TRIP**

Carissa Haines – Con Ba Su

Emilia Mercer – Eastern Bays

Megan Engram – Ocean's Edge

Paige Downton – Long Range Trails

Teresa Dominie – Long Range Trails (Guider)

35th WAGGGS WORLD CONFERENCE Hong Kong – July 5-9, 2014

Jackie Perry – Con Ba Su (Adult)

Did you know you can apply to both domestic and international trips with Girl Guides of Canada? Nationally sponsored trips are usually advertised in the fall with applications due in November. Talk to your Area International Adviser about getting a past traveller to attend one of your unit meetings in the early fall to encourage girls and Guiders to apply to these amazing opportunities!

For international trips members selected may participate in these events as follows: Once as a girl, Once as an adult participating in a WAGGGS event or GGC determined endorsed event, Once as the responsible Guider, or In a designated role as determined by the Board i.e.: Chief Commissioner, International Commissioner, CEO, etc.

For domestic trips members selected may participate in these events as follows: Once as a girl and Once as an adult as the responsible Guider.

If you have any questions please email ggcniinternational@gmail.com.



Have you added your voice to the WAGGGS Stop the Violence campaign at stoptheviolencecampaign.com?

Did you hear about the new online training program from WAGGGS called Glow? Check it out at glow.wagggs.org.



International Women's Day is on March 8th. We have so many reasons to celebrate. Tell us how you celebrated the day!

Adult Trip to Sangam, India

Are you interested in travelling to a World Centre with your Guiding sisters?

I am still taking names from adult Guiding members in Newfoundland and Labrador with plans to organize an adult only trip to Sangam, India, in 2017.

The intent of the trip would be to spend time and participate in a session at Sangam, our World Centre. (Some travel in India could be arranged but it would not be the focus on the trip).

All costs would be the responsibility of the adult member - funding is not available nor is fundraising allowed as this is an adult only trip.

Please email me (Robyn Lee) at ggcniinternational@gmail.com if you are interested in this trip experience. There is no commitment to travel at this point in time; I am just determining if there is enough interest out there! The actual travel time will be determined by the group once it officially forms. If you are interested in what type of programs and facilities are available at Sangam information about sessions currently scheduled can be found at www.sangamworldcentre.org.



New Program Activities from Girl Guides of Canada - Guides du Canada

Girl Greatness Awards:

Yearly awards (an award pin and certificate) are given to girl members to recognize their accomplishments based on the four components of our Mission - those of confidence, resourcefulness, courage, and making a difference. Girls may nominate themselves.



Our Mission: Girl Guides of Canada - Guides du Canada (GGC) enables girls to be confident, resourceful, courageous, and to make a difference in the world.

Deadline for nominations was **March 14th, 2014**

Read more:

https://www.girlguides.ca/GGC/Programs/Specialized_Programming/Girl_Greatness_Awards/GGC/Programs/Specialized_Programming/GGA/Girl_Greatness_Awards.aspx?hkey=aae800b4-3b73-4e08-a310-f49d4b12b951

(or link from GGC's home page)

Meeting Guide: Find activities based on the four components of GGC's Mission statement. Activities introduce girls to the Mission statement and the awards, plus provide activities intended to foster positive feedback and self-esteem. Find a link to the meeting plan on the above page.

FREE BEING ME



Dove & the World Association of Girl Guides and Girl Scouts

Dove FREE BEING ME Program:

This activity, created in partnership with Dove and with the World Association of Girl Guides and Girl Scouts (WAGGGS), examines concepts of beauty in our and other cultures and helps girls to look beyond societal stereotypes and re-think global definitions of beauty. The activity encourages girls to look beyond their physical appearance and see the beauty they have in their personality, talents, and abilities. The activities have been adapted By GGC to be age-appropriate and easy to prepare and lead.

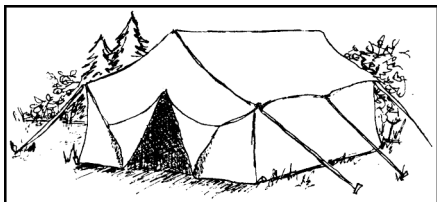
Link to the Dove program from the banner on GGC's home page or find it here:

https://www.girlguides.ca/GGC/Programs/Specialized_Programming/Dove_Free_Being_Me_Activity/GGC/Programs/Specialized_Programming/Dove_Free_Being_Me_Activity/Dove_FreeBeingMe_Activity.aspx

Downloading the materials: If you click on 'other' rather than 'Guider' or 'Girl', you can download the material without specifying the number of participants.

OR contact the program adviser for an e-mailed copy of either of these activity programs if you have trouble downloading the material ggnlprogram@gmail.com

Upcoming Provincial Trainings



September 26 - 28, 2014

Guider/Commissioner Training + OAL
Residential and Tent
Lion Max Simms Camp

October 24 - 26, 2014

Guider/Commissioner Training
Burry Heights Camp

AND

OCTOBER 23 -25, 2015

Provincial Training Conference
Gander!



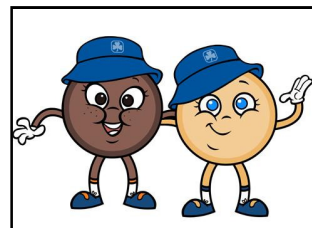
Provincial Door to Door Cookie Blitz



When: April 5th, 10-4 pm

Where: Through out our Province

Why: Because they are deliciously GOOD!!



Provincial Cookie Week: April 5th-13th, 2014

Cookie Days in Canada hosted by Sears Canada is a nationwide cookie sales event being held on April 12th

No Bake Chai Cheese Cake



Ingredients for one 8 inch (20 cm)

Cake Crust

- 6 classic chocolate and 6 classic vanilla Girl Guide cookies, crushed in a bag
- 2 Tbsp (30 mL) brown sugar
- 1/4 tsp (1 mL) ginger powder
- 1/4 cup (50 mL) melted butter

Instructions

Mix all the crust ingredients and press them into a pie plate or spring form pan. Press with a spoon to make sure the crust forms an even layer. Put it in a freezer until it firms, about one hour.

Filling

- 8 oz (250 g) cream cheese
- 1 Tbsp (15 mL) orange juice
- 1 cup (250 mL) whipping cream
- 3 Tbsp (45 mL) white sugar
- 1/4 tsp (1 mL) each of cloves, cinnamon, cardamom

Instructions

In a bowl, with an electric mixer, whip cream cheese and orange juice until the cream cheese softens. Add whipping cream and keep beating until the mixture thickens. Add sugar, cloves, cinnamon and cardamom and stir until the mixture stiffens.

Assembly

Remove the pie plate from the freezer and gently pour the mixture on the crust. Refrigerate for up to 8 hours. Garnish with raspberries and mint leaves.

HINTS & TIPS FOR SELLING GIRL GUIDE COOKIES



- ♦ Hold an Area/District Blitz, have a theme...mother/daughter teams, or father/daughter teams
- ♦ Serve hot dogs, donuts and drinks to all volunteers at your blitz (Use your imagination)
- ♦ Have a "decorate your wagon" contest. Use the decorated wagons to hold cases of cookies while blitzing
- ♦ Put a notice in church bulletins - i.e. Next Sunday, Girl Guides will be selling \$5.00/box
- ♦ Take your cookie case to school, and everywhere you go-take it with you. You'd be surprised how many teachers recognize Girl Guides, and are eager to buy cookies.
- ♦ Check out your local craft fairs and bazaars, the organizers may let you set up a table.
- ♦ Some stores may let you set up a table inside their stores to sell cookies.
- ♦ Ask your local mall if you can set up a display. Get your PR person involved; tell your community you are staying until all your cookies are sold. Build the HYPE!!
- ♦ Challenge your girls to sell more than 2 cases and you will do something outrageous, like dye your hair 'PURPLE'.



Cookie All Stars

You can be a Cookie All Star. It's easy!

Learn new skills and raise funds for your Unit by selling cookies during the 2013 chocolatey mint and 2014 classic cookie campaigns, and receive rewards and recognition for your efforts.

RECOGNITION CERTIFICATES FOR EVERYONE!



Every girl who participates in Cookie All Stars will receive a recognition certificate



Girls who sell 40 cases or more will receive a certificate signed by the Chief Commissioner

EARN INDIVIDUAL AND GROUP CRESTS!

REWARDS!*



Get your Individual Crest by selling seven cases or more! This is a beautiful, embroidered crest that you can collect!



Get this Group Crest by selling 20 cases with your Unit! This crest means you're part of a Cookie All Stars team!



Girls who individually sell 7 to 14 cases will receive a Crest



Girls who individually sell 15 to 29 cases will receive a \$25 Movie Voucher and a Crest



Girls who individually sell 30 to 39 cases will receive a \$75 gift card to Indigo Books and Music Inc. and a Crest



Girls who individually sell 40-79 cases will receive a Crest and either a \$125 gift card to Future Shop or a GM 2016 camp credit



Girls who individually sell 80 or more cases will receive a Crest and a iPod Touch or a \$250 Future Shop gift card or a GM 2016 camp credit



Girl Guides
of Canada
Guides
du Canada

* Rewards are subject to change

For more info visit girlguides.ca/cookieallstars



Thinking Day

On Tuesday, February 25, 2014 The Straits/Green Island Girl Guides Snowshoe District hosted our annual Thinking Day Rally. Joining them were the VTA Girl Guides and Straits Scouts in a wonderful night full of Chants and Cheers."

Photo and Story Submitted by Natasha Way, Straits/Green Island Girl Guides Snowshoe District



"Winter Camping Fun with the 2nd St. John's Girl Guides"



Provincial Office: 63 Roosevelt Avenue • St. John's
Newfoundland and Labrador • A1A 0E8 • Telephone: 709-726-1116 • Fax: 709-726-4045
Toll Free: 1-800-565-8111 • Email: provoffice@ggcnf.org • Website: www.girlguides.ca